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Our Buy-Local Policy

Buffet des Continents



As part of its commitment to providing ingredients of the highest quality, freshness and taste, the Buffet des Continents restaurant chain favours foods that are locally sourced in Quebec, which in turn helps to create jobs in the local economy, improves environmental protection and promotes sustainable development.



**BUFFET
DES
CONTINENTS^{MD}**

We feature local products, specially cooked for you.